

Gionino's Nutritional Menu	Calories	Calories from Fat	Total Fat	%	Saturated Fat	%	Trans Fat	Cholesterol	%	Sodium	%	Total Carbohydrates	%	Dietary Fiber	%	Sugars	Protein	%
Pizza Small 9" Cheese - 6 Servings (1 slc)	160	50	5g	8%	3g	15%	0g	10mg	3%	350mg	15%	18g	6%	less than 1g	0%	2g	8g	16%
Pizza Medium 12" Cheese - 8 Servings (1 slc)	230	70	8g	12%	4.5g	23%	0g	15mg	5%	490mg	20%	26g	9%	1g	4%	3g	11g	22%
Pizza Large 16" Cheese - 10 Servings (1 slc)	340	110	12g	18%	7g	35%	0g	25mg	8%	730mg	30%	37g	12%	2g	8%	4g	16g	32%
Party Pizza Cheese - 32 Servings (1 slc)	220	70	8g	12%	4.5g	23%	0g	15mg	5%	480mg	20%	24g	8%	1g	4%	2g	11g	22%
Pizza Deluxe Small - 6 Servings (1 slc)	200	80	9g	14%	4.5g	23%	0g	20mg	7%	480mg	20%	19g	6%	1g	4%	2g	9g	18%
Pizza Deluxe Medium - 8 Servings (1 slc)	290	110	13g	20%	6g	30%	0g	25mg	8%	680mg	28%	27g	9%	2g	8%	3g	13g	26%
Pizza Deluxe Large - 10 Servings (1 slc)	420	170	19g	29%	9g	45%	0g	40mg	13%	1000mg	42%	39g	13%	2g	8%	4g	20g	40%
Pizza Meat Small - 6 Servings (1 slc)	220	100	11g	17%	5g	25%	0g	25mg	8%	580mg	24%	19g	6%	1g	4%	2g	11g	22%
Pizza Meat Medium - 8 Servings (1 slc)	330	140	16g	25%	7g	35%	0g	35mg	12%	840mg	35%	27g	9%	1g	4%	3g	16g	32%
Pizza Meat Large - 10 Servings (1 slc)	470	210	23g	35%	11g	55%	0g	55mg	18%	1220mg	51%	39g	13%	2g	8%	4g	24g	48%
Pizza Hawaiian Small - 6 Servings (1 slc)	170	45	5g	8%	3g	15%	0g	10mg	3%	400mg	17%	20g	7%	1g	4%	3g	8g	16%
Pizza Hawaiian Medium - 8 Servings (1 slc)	240	70	8g	12%	4.5g	23%	0g	20mg	7%	570mg	24%	28g	9%	1g	4%	4g	12g	24%
Pizza Hawaiian Large - 10 Servings (1 slc)	360	110	12g	18%	7g	35%	0g	30mg	10%	850mg	35%	40g	13%	2g	8%	6g	18g	36%
Pizza Popeye Small - 6 Servings (1 slc)	200	90	10g	15%	4g	20%	0g	20mg	7%	370mg	15%	20g	7%	less than 1g	0%	1g	9g	18%
Pizza Popeye Medium - 8 Servings (1 slc)	280	120	13g	20%	5g	25%	0g	25mg	8%	510mg	21%	27g	9%	less than 1g	0%	2g	12g	24%
Pizza Popeye Large - 10 Servings (1 slc)	400	170	19g	29%	8g	40%	0g	35mg	12%	740mg	31%	39g	13%	1g	4%	2g	17g	34%
Pizza 5 Cheese Small - 6 Servings (1 slc)	190	70	7g	11%	4g	20%	0g	15mg	5%	410mg	17%	19g	6%	less than 1g	0%	2g	10g	20%
Pizza 5 Cheese Medium - 8 Servings (1 slc)	280	100	11g	17%	6g	30%	0g	25mg	8%	590mg	25%	26g	9%	1g	4%	3g	15g	30%
Pizza 5 Cheese Large - 10 Servings (1 slc)	400	140	16g	25%	9g	45%	0g	35mg	12%	870mg	36%	38g	13%	2g	8%	4g	22g	44%
Pizza Caprese Medium - 8 Servings (1 slc)	170	70	7g	11%	4.5g	23%	0g	15mg	5%	290mg	12%	15g	5%	less than 1g	0%	2g	10g	20%
Pizza Caprese Large -10 Servings (1 slc)	240	90	10g	15%	6g	30%	0g	20mg	7%	420mg	18%	22g	7%	1g	4%	2g	14g	28%
Pizza Small 9" Steak - 6 Servings (1 slc)	220	90	10g	15%	4g	20%	0g	25mg	8%	380mg	16%	20g	7%	less than 1g	0%	1g	11g	22%
Pizza Medium 12" Steak - 8 Servings (1 slc)	310	130	14g	22%	6g	30%	0g	35mg	12%	540mg	23%	27g	9%	1g	4%	2g	16g	32%
Pizza Large 16" Steak - 10 Servings (1 slc)	450	190	21g	32%	9g	45%	0g	55mg	18%	790mg	33%	40g	13%	2g	8%	3g	23g	46%
Pizza Small 9" White - 6 Servings (1 slc)	210	90	10g	15%	4g	20%	0g	15mg	5%	400mg	17%	20g	7%	1g	4%	1g	8g	16%
Pizza Medium 12" White - 8 Servings (1 slc)	280	120	14g	22%	5g	25%	0g	25mg	8%	540mg	23%	28g	9%	2g	8%	2g	11g	22%
Pizza large 16" White - 10 Servings (1 slc)	410	180	20g	31%	8g	40%	0g	35mg	12%	810mg	34%	40g	13%	2g	8%	3g	17g	34%
Pizza Small 9" Mac & Cheese - 6 Servings (1 slc)	280	160	17g	26%	4.5g	23%	0g	15mg	5%	580mg	24%	41g	14%	2g	8%	4g	12g	24%
Pizza Medium 12" Mac & Cheese - 8 Servings (1 slc)	400	230	25g	38%	6g	30%	0g	25mg	8%	840mg	35%	59g	20%	2g	8%	6g	18g	36%
Pizza large 16" Mac & Cheese - 10 Servings (1 slc)	550	300	33g	51%	9g	45%	0g	35mg	12%	1150mg	48%	78g	26%	3g	12%	8g	25g	50%
Pizza Gluten Free Crust Small Cheese - 6 Servings (1 slc)	90	40	4.5g	7%	3g	15%	0g	10mg	3%	210mg	9%	6g	2%	less than 1g	0%	1g	4g	8%
Pizza Buffalo Chicken Small - 6 Servings (1 slc)	190	60	7g	11%	3.5g	18%	0g	25mg	8%	390mg	16%	19g	6%	less than 1g	0%	less than 1g	12g	24%
Pizza Buffalo Chicken Medium - 8 Servings (1 slc)	260	90	10g	15%	4.5g	23%	0g	35mg	12%	530mg	22%	26g	9%	less than 1g	0%	1g	16g	32%
Pizza Buffalo Chicken Large - 10 Servings (1 slc)	380	130	14g	22%	7g	35%	0g	50mg	17%	780mg	33%	38g	13%	1g	4%	2g	23g	46%
Pizza Piccolo Pepperoni Small - 6 Servings (1 slc)	240	120	14g	22%	6g	30%	0g	25mg	8%	650mg	27%	18g	6%	less than 1g	0%	2g	10g	20%
Pizza Piccolo Pepperoni Medium - 8 Servings (1 slc)	320	160	18g	28%	8g	40%	0g	35mg	12%	880mg	37%	26g	9%	1g	4%	3g	13g	26%
Pizza Piccolo Pepperoni Large - 10 Servings (1 slc)	470	240	26g	40%	12g	60%	0g	50mg	17%	1270mg	53%	37g	12%	2g	8%	4g	20g	40%
Pizza BBQ Chicken Small - 6 Servings (1 slc)	220	70	7g	11%	3.5g	18%	0g	30mg	10%	590mg	25%	25g	8%	less than 1g	0%	6g	13g	26%
Pizza BBQ Chicken Medium - 8 Servings (1 slc)	310	90	10g	15%	5g	25%	0g	40mg	13%	840mg	35%	36g	12%	less than 1g	0%	8g	18g	36%
Pizza BBQ Chicken Large - 10 Servings (1 slc)	450	140	16g	25%	8g	40%	0g	55mg	18%	1170mg	49%	49g	16%	1g	4%	11g	26g	52%
Pizza Mediterranean Small - 6 Servings (1 slc)	210	100	11g	17%	4g	20%	0g	20mg	7%	510mg	21%	20g	7%	less than 1g	0%	1g	9g	18%
Pizza Mediterranean Medium - 8 Servings (1 slc)	290	130	14g	22%	6g	30%	0g	25mg	8%	700mg	29%	28g	9%	1g	4%	2g	13g	26%
Pizza Mediterranean Large - 10 Servings (1 slc)	420	180	20g	31%	8g	40%	0g	35mg	12%	980mg	41%	40g	13%	2g	8%	3g	18g	36%
Pizza Chicken Club Small - 6 Servings (1 slc)	240	100	11g	17%	4.5g	23%	0g	35mg	12%	480mg	20%	20g	7%	less than 1g	0%	1g	13g	26%
Pizza Chicken Club Medium - 8 Servings (1 slc)	330	140	16g	25%	6g	30%	0g	45mg	15%	670mg	28%	28g	9%	1g	4%	2g	18g	36%
Pizza Chicken Club Large - 10 Servings (1 slc)	480	200	23g	35%	9g	45%	0g	65mg	22%	980mg	41%	40g	13%	1g	4%	2g	26g	52%
Pizza Garden Small - 6 Servings (1 slc)	170	50	5g	8%	3g	15%	0g	10mg	3%	410mg	17%	20g	7%	1g	4%	3g	8g	16%
Pizza Garden Medium - 8 Servings (1 slc)	240	70	8g	12%	4.5g	23%	0g	15mg	5%	550mg	23%	28g	9%	2g	8%	4g	11g	22%
Pizza Garden Large - 10 Servings (1 slc)	350	110	12g	18%	7g	35%	0g	25mg	8%	830mg	35%	40g	13%	3g	12%	5g	17g	34%
Pizza Gionino's Best Small - 6 Servings (1 slc)	230	100	11g	17%	5g	25%	0g	25mg	8%	630mg	26%	20g	7%	2g	8%	3g	11g	22%
Pizza Gionino's Best Medium - 8 Servings (1 slc)	330	140	16g	25%	7g	35%	0g	35mg	12%	870mg	36%	28g	9%	2g	8%	3g	15g	30%
Pizza Gionino's Best Large - 10 Servings (1 slc)	480	210	24g	37%	11g	55%	0g	50mg	17%	1280mg	53%	40g	13%	3g	12%	5g	23g	46%
Pizza Cheese 6" Individual - 2 Servings (1 slc)	190	60	7g	11%	4g	20%	0g	15mg	5%	420mg	18%	21g	7%	1g	4%	2g	9g	18%
2 PIECE SNACK Dark - 1 Serving (1 ea.)	420	120	14g	22%	3g	15%	0g	80mg	27%	1350mg	56%	47g	16%	3g	12%	10g	26g	52%
2 PIECE SNACK White (8 Pc) - 1 Serving (1 ea.)	500	140	16g	25%	3.5g	18%	0g	100mg	33%	1490mg	62%	49g	16%	3g	12%	10g	38g	76%
4 PIECE DINNER - 2 Servings (1 ea.)	360	110	12g	18%	3g	15%	0g	75mg	25%	1240mg	52%	32g	11%	2g	8%	5g	28g	56%
4 PIECE Dinner White - 2 Servings (1 ea.)	420	130	14g	22%	3.5g	18%	0g	95mg	32%	1350mg	56%	34g	11%	2g	8%	5g	37g	74%
8 Piece Box with jo-jo's - 4 Servings (1 ea.)	350	100	11g	17%	3g	15%	0g	85mg	28%	1150mg	48%	28g	9%	2g	8%	less than 1g	31g	62%
8 Piece Box All White with jo-jo's - 4 Servings (1 ea.)	390	110	12g	18%	3g	15%	0g	95mg	32%	1220mg	51%	29g	10%	2g	8%	less than 1g	37g	74%
12 Piece Box w/ajos - 6 Servings (1 ea.)	340	100	11g	17%	3g	15%	0g	85mg	28%	1150mg	48%	27g	9%	2g	8%	0g	31g	62%
12 Piece Box All White w/ajos - 6 Servings (1 ea.)	380	110	12g	18%	3g	15%	0g	95mg	32%	1220mg	51%	28g	9%	2g	8%	0g	36g	72%

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Gionino's Nutritional Menu	Calories	Calories from Fat	Total Fat	%	Saturated Fat	%	Trans Fat	Cholesterol	%	Sodium	%	Total Carbohydrates	%	Dietary Fiber	%	Sugars	Protein	%
16 Piece Box w/Jojos - 8 Servings (1 ea.)	340	100	11g	17%	3g	15%	0g	85mg	28%	1150mg	48%	26g	9%	2g	8%	0g	30g	60%
16 Piece Box All White w/Jojos - 8 Servings (1 ea.)	380	110	12g	18%	3g	15%	0g	95mg	32%	1220mg	51%	28g	9%	2g	8%	0g	36g	72%
20 Piece Box w/Jojos - 10 Servings (1 ea.)	340	100	11g	17%	3g	15%	0g	85mg	28%	1150mg	48%	26g	9%	2g	8%	0g	30g	60%
20 Piece Box All White w/Jojos - 10 Servings (1 ea.)	380	110	12g	18%	3g	15%	0g	95mg	32%	1220mg	51%	28g	9%	2g	8%	0g	36g	72%
Buffalo Wings 6Pc - 2 Servings (3 ea.)	220	140	16g	25%	4g	20%	0g	70mg	23%	370mg	15%	2g	1%	0g	0%	0g	16g	32%
Buffalo Wings 12Pc - 4 Servings (3 ea.)	220	140	16g	25%	4g	20%	0g	70mg	23%	370mg	15%	2g	1%	0g	0%	0g	16g	32%
Buffalo Wings 50 - 16 Servings (3 ea.)	220	150	16g	25%	4g	20%	0g	70mg	23%	380mg	16%	2g	1%	0g	0%	0g	17g	34%
Buffalo Wings 100 - 33 Servings (3 ea.)	220	140	16g	25%	4g	20%	0g	70mg	23%	380mg	16%	2g	1%	0g	0%	0g	16g	32%
Boneless Wings 6Ct - 2 Servings (3 ea.)	200	100	11g	17%	1.5g	8%	0g	30mg	10%	500mg	21%	12g	4%	less than 1g	0%	0g	12g	24%
Boneless Wings 12Ct - 4 Servings (3 ea.)	200	100	11g	17%	1.5g	8%	0g	30mg	10%	500mg	21%	12g	4%	less than 1g	0%	0g	12g	24%
Wings Boneless 50 - 16 Servings (3 ea.)	210	100	12g	18%	2g	10%	0g	30mg	10%	530mg	22%	13g	4%	less than 1g	0%	0g	12g	24%
Wings Boneless 100 - 33 Servings (3 ea.)	200	100	11g	17%	1.5g	8%	0g	30mg	10%	510mg	21%	13g	4%	less than 1g	0%	0g	12g	24%
Chicken 50 Pc Mix - 25 Servings (2 ea.)	590	210	23g	35%	6g	30%	0g	170mg	57%	2300mg	96%	33g	11%	2g	8%	0g	59g	118%
Chicken 50 pc w Jo Jo's - 25 Servings (2 ea.)	650	200	23g	35%	6g	30%	0g	170mg	57%	2290mg	95%	47g	16%	3g	12%	less than 1g	60g	120%
Chicken 100 Pc Mixed - 50 Servings (2 ea.)	590	200	23g	35%	6g	30%	0g	170mg	57%	2290mg	95%	33g	11%	2g	8%	0g	59g	118%
Chicken 100 Pc w/Jo Jo's - 50 Servings (2 ea.)	650	210	23g	35%	6g	30%	0g	170mg	57%	2300mg	96%	47g	16%	3g	12%	less than 1g	60g	120%
Chicken Wing Breaded Buckeye (3 ea.)	590	270	30g	46%	8g	40%	0g	125mg	42%	2100mg	88%	18g	6%	less than 1g	0%	31g	31g	62%
Deluxe Sub - 1 Serving (1 ea.)	740	310	34g	52%	13g	65%	0g	90mg	30%	2760mg	115%	68g	23%	less than 1g	0%	9g	38g	76%
Meatball Sub - 1 Serving (1 ea.)	840	370	41g	63%	18g	90%	0g	95mg	32%	2220mg	93%	69g	23%	3g	12%	8g	42g	84%
Italian Sausage Sub - 1 Serving (1 ea.)	830	400	44g	68%	14g	70%	0g	130mg	43%	2100mg	88%	65g	22%	2g	8%	9g	11g	22%
Ham And Cheese Sub - 1 Serving (1 ea.)	630	180	20g	31%	8g	40%	0g	70mg	23%	2750mg	115%	70g	23%	less than 1g	0%	11g	36g	72%
Philly Steak - 1 Serving (1 ea.)	640	140	15g	23%	8g	40%	0g	40mg	13%	1440mg	60%	92g	31%	3g	12%	10g	31g	62%
Chicken Sub - 1 Serving (1 ea.)	780	300	33g	51%	11g	55%	0g	145mg	48%	1580mg	66%	66g	22%	less than 1g	0%	3g	50g	100%
BBQ Chicken - 1 Serving (1 ea.)	710	140	15g	23%	8g	40%	0g	120mg	40%	1970mg	82%	87g	29%	0g	0%	21g	48g	96%
Buffalo Chicken - 1 Serving (1 ea.)	660	190	21g	32%	8g	40%	0g	120mg	40%	1530mg	64%	62g	21%	0g	0%	2g	48g	96%
Spicy Garlic Chicken Sub - 1 Serving (1 ea.)	650	190	21g	32%	8g	40%	0g	120mg	40%	2240mg	93%	63g	21%	0g	0%	2g	48g	96%
Tossed Salad - 1 Serving (1 ea.)	120	60	7g	11%	5g	25%	0g	20mg	7%	260mg	11%	6g	2%	2g	8%	3g	9g	18%
GRILLED CHICKEN SALAD - 2 Servings (1 ea.)	260	120	13g	20%	7g	35%	0g	70mg	23%	740mg	31%	9g	3%	3g	12%	3g	24g	48%
BUFFALO CHICKEN SALAD GRILLED - 2 Servings (1 ea.)	330	170	19g	29%	10g	50%	0g	80mg	27%	970mg	40%	10g	3%	2g	8%	4g	29g	58%
SPINACH SALAD - 1 Serving (1 ea.)	340	210	23g	35%	14g	70%	0g	55mg	18%	1350mg	56%	7g	2%	3g	12%	less than 1g	25g	50%
ANTIPASTO SALAD - 2 Servings (1 ea.)	220	130	15g	23%	8g	40%	0g	40mg	13%	730mg	30%	9g	3%	3g	12%	4g	14g	28%
Caprese Salad - 2 Servings (1 ea.)	310	220	25g	38%	9g	45%	0g	25mg	8%	310mg	13%	4g	1%	1g	4%	2g	16g	32%
Toss Salads Half Tray - 10 Servings (1 ea.)	120	60	7g	11%	5g	25%	0g	20mg	7%	260mg	11%	6g	2%	2g	8%	3g	9g	18%
Toss Salad Full Tray - 20 Servings (1 ea.)	120	60	7g	11%	5g	25%	0g	20mg	7%	260mg	11%	6g	2%	2g	8%	3g	9g	18%
Antipasto Salad Half Tray - 10 Servings (1 ea.)	230	140	15g	23%	8g	40%	0g	40mg	13%	750mg	31%	9g	3%	3g	12%	4g	15g	30%
Antipasto Salad Full Tray - 20 Servings (1 ea.)	220	130	15g	23%	8g	40%	0g	40mg	13%	730mg	30%	9g	3%	3g	12%	4g	14g	28%
Meatball Casserole (1 ea.)	780	470	53g	82%	25g	125%	0g	130mg	43%	2390mg	100%	16g	5%	6g	24%	12g	47g	94%
Jo Jo's (6) -1 Serving (6 ea.)	330	10	1g	2%	0g	0%	0g	0mg	0%	1620mg	68%	73g	24%	4g	16%	2g	8g	16%
Jo Jo's (25) - 5 Servings (5 ea.)	270	10	1g	2%	0g	0%	0g	0mg	0%	1290mg	54%	60g	20%	4g	16%	1g	6g	12%
Cole Slaw 4Oz - 1 Serving (1 ea.)	140	60	6g	9%	1g	5%	0g	10mg	3%	540mg	23%	20g	7%	2g	8%	18g	less than 1g	0%
Cole Slaw Pint - 4 Servings (4 oz)	140	60	6g	9%	1g	5%	0g	10mg	3%	540mg	23%	20g	7%	2g	8%	18g	less than 1g	0%
Cole Slaw 5 Lbs - 20 Servings (4 oz)	140	60	6g	9%	1g	5%	0g	10mg	3%	540mg	23%	20g	7%	2g	8%	18g	less than 1g	0%
Cole Slaw 10 Lbs - 40 Servings (4 oz)	140	60	6g	9%	1g	5%	0g	10mg	3%	540mg	23%	20g	7%	2g	8%	18g	less than 1g	0%
Garlic Bread - 2 Servings (1 ea.)	200	60	7g	11%	2g	10%	0g	0mg	0%	370mg	15%	29g	10%	0g	0%	1g	5g	10%
Garlic Bread w/ Cheese - 2 Servings (1 ea.)	320	140	16g	25%	7g	35%	0g	20mg	7%	650mg	27%	30g	10%	0g	0%	1g	12g	24%
Gionino Bread Small - 2 Servings (As served)	640	330	37g	57%	12g	60%	0g	30mg	10%	1100mg	46%	55g	18%	2g	8%	3g	22g	44%
Gionino Bread Medium - 4 Servings (As served)	610	320	36g	55%	12g	60%	0g	30mg	10%	1030mg	43%	51g	17%	2g	8%	3g	20g	40%
Jo Jo's 50 - 10 Servings (5 ea.)	280	10	1g	2%	0g	0%	0g	0mg	0%	1350mg	56%	61g	20%	4g	16%	1g	6g	12%
Jo Jo's 100 - 20 Servings (5 ea.)	280	10	1g	2%	0g	0%	0g	0mg	0%	1350mg	56%	61g	20%	4g	16%	1g	6g	12%
Garlic Bread 25 - 50 Servings (1 ea.)	200	60	7g	11%	2g	15%	0g	0mg	7%	370mg	25%	29g	19%	0g	28%	1g	5g	34%

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