

| Gionino's Nutritional Menu | Calories | | | | Saturated Fat | | Trans Fat | | | Sodium | | | Total Carbohydrates | | Dietary Fiber | | Sugars | | Protein | |
|---|-------------|-------------------|-----------|-----|---------------|-----|-----------|-------------|-----|--------|-----|---------------|---------------------|--------------|---------------|--------------|---------|-----|---------|--|
| | per serving | Calories from Fat | Total Fat | % | Fat | % | Fat | Cholesterol | % | Sodium | % | Carbohydrates | % | Fiber | % | Sugars | Protein | % | | |
| Pizza Small 9" Cheese - 6 Servings (1 slc) | 140 | 70 | 8g | 12% | 3.5g | 18% | 0g | 10mg | 3% | 380mg | 16% | 12g | 4% | 1g | 4% | 1g | 5g | 10% | | |
| Pizza Medium 12" Cheese - 8 Servings (1 slc) | 200 | 100 | 11g | 17% | 4.5g | 23% | 0g | 15mg | 5% | 520mg | 22% | 17g | 6% | 1g | 4% | 2g | 7g | 14% | | |
| Pizza Large 16" Cheese - 10 Servings (1 slc) | 290 | 150 | 17g | 26% | 7g | 35% | 0g | 25mg | 8% | 740mg | 31% | 24g | 8% | 2g | 8% | 3g | 12g | 24% | | |
| Party Pizza Cheese - 32 Servings (1 slc) | 190 | 100 | 11g | 17% | 5g | 25% | 0g | 15mg | 5% | 480mg | 20% | 15g | 5% | 1g | 4% | 2g | 8g | 16% | | |
| Pizza Deluxe Small - 6 Servings (1 slc) | 180 | 100 | 11g | 17% | 6g | 30% | 0g | 20mg | 7% | 490mg | 20% | 13g | 4% | 1g | 4% | 2g | 6g | 12% | | |
| Pizza Deluxe Medium - 8 Servings (1 slc) | 250 | 150 | 16g | 25% | 8g | 40% | 0g | 25mg | 8% | 700mg | 29% | 18g | 6% | 2g | 8% | 2g | 9g | 18% | | |
| Pizza Deluxe Large - 10 Servings (1 slc) | 370 | 220 | 24g | 37% | 13g | 65% | 0g | 40mg | 13% | 1020mg | 43% | 26g | 9% | 2g | 8% | 3g | 13g | 26% | | |
| Pizza Meat Small - 6 Servings (1 slc) | 200 | 120 | 13g | 20% | 6g | 30% | 0g | 25mg | 8% | 620mg | 26% | 13g | 4% | 1g | 4% | 1g | 8g | 16% | | |
| Pizza Meat Medium - 8 Servings (1 slc) | 290 | 170 | 19g | 29% | 9g | 45% | 0g | 35mg | 12% | 880mg | 37% | 18g | 6% | 2g | 8% | 2g | 11g | 22% | | |
| Pizza Meat Large - 10 Servings (1 slc) | 420 | 250 | 28g | 43% | 14g | 70% | 0g | 50mg | 17% | 1300mg | 54% | 26g | 9% | 2g | 8% | 3g | 17g | 34% | | |
| Pizza Vegetable Small - 6 Servings (1 slc) | 180 | 110 | 12g | 18% | 4g | 20% | 0g | 15mg | 5% | 360mg | 15% | 13g | 4% | 1g | 4% | 1g | 6g | 12% | | |
| Pizza Vegetable Medium - 8 Servings (1 slc) | 250 | 140 | 16g | 25% | 5g | 25% | 0g | 25mg | 8% | 490mg | 20% | 18g | 6% | 2g | 8% | 2g | 8g | 16% | | |
| Pizza Vegetable Large - 10 Servings (1 slc) | 360 | 210 | 24g | 37% | 8g | 40% | 0g | 35mg | 12% | 740mg | 31% | 26g | 9% | 3g | 12% | 3g | 13g | 26% | | |
| Pizza Hawaiian Small - 6 Servings (1 slc) | 140 | 70 | 7g | 11% | 3g | 15% | 0g | 10mg | 3% | 420mg | 18% | 14g | 5% | 1g | 4% | 3g | 6g | 12% | | |
| Pizza Hawaiian Medium - 8 Servings (1 slc) | 200 | 100 | 11g | 17% | 4.5g | 23% | 0g | 20mg | 7% | 600mg | 25% | 19g | 6% | 2g | 8% | 3g | 8g | 16% | | |
| Pizza Hawaiian Large - 10 Servings (1 slc) | 310 | 150 | 17g | 26% | 7g | 35% | 0g | 30mg | 10% | 890mg | 37% | 27g | 9% | 2g | 8% | 5g | 13g | 26% | | |
| Pizza Popeye Small - 6 Servings (1 slc) | 180 | 110 | 12g | 18% | 4g | 20% | 0g | 20mg | 7% | 370mg | 15% | 12g | 4% | less than 1g | 0% | 1g | 6g | 12% | | |
| Pizza Popeye Medium - 8 Servings (1 slc) | 250 | 150 | 17g | 26% | 6g | 30% | 0g | 25mg | 8% | 510mg | 21% | 17g | 6% | 1g | 4% | 2g | 8g | 16% | | |
| Pizza Popeye Large - 10 Servings (1 slc) | 350 | 210 | 24g | 37% | 8g | 40% | 0g | 35mg | 12% | 730mg | 30% | 24g | 8% | 2g | 8% | 2g | 12g | 24% | | |
| Pizza 5 Cheese Small - 6 Servings (1 slc) | 170 | 90 | 10g | 15% | 4.5g | 23% | 0g | 15mg | 5% | 440mg | 18% | 12g | 4% | 1g | 4% | 2g | 8g | 16% | | |
| Pizza 5 Cheese Medium - 8 Servings (1 slc) | 250 | 130 | 15g | 23% | 6g | 30% | 0g | 25mg | 8% | 620mg | 26% | 17g | 6% | 1g | 4% | 2g | 12g | 24% | | |
| Pizza 5 Cheese Large - 10 Servings (1 slc) | 360 | 190 | 21g | 32% | 10g | 50% | 0g | 35mg | 12% | 920mg | 38% | 24g | 8% | 2g | 8% | 3g | 17g | 34% | | |
| Pizza Caprese Medium - 8 Servings (1 slc) | 150 | 80 | 9g | 14% | 4.5g | 23% | 0g | 15mg | 5% | 300mg | 13% | 10g | 3% | less than 1g | 0% | 1g | 8g | 16% | | |
| Pizza Caprese Large -10 Servings (1 slc) | 210 | 110 | 13g | 20% | 6g | 30% | 0g | 20mg | 7% | 430mg | 18% | 14g | 5% | 1g | 4% | 2g | 11g | 22% | | |
| Pizza Small 9" Steak - 6 Servings (1 slc) | 200 | 120 | 13g | 20% | 4.5g | 23% | 0g | 25mg | 8% | 380mg | 16% | 12g | 4% | 1g | 4% | 1g | 9g | 18% | | |
| Pizza Medium 12" Steak - 8 Servings (1 slc) | 270 | 160 | 18g | 28% | 6g | 30% | 0g | 35mg | 12% | 530mg | 22% | 17g | 6% | 2g | 8% | 2g | 12g | 24% | | |
| Pizza Large 16" Steak - 10 Servings (1 slc) | 400 | 230 | 26g | 40% | 9g | 45% | 0g | 55mg | 18% | 790mg | 33% | 25g | 8% | 2g | 8% | 2g | 18g | 36% | | |
| Pizza Small 9" White - 6 Servings (1 slc) | 180 | 110 | 12g | 18% | 4g | 20% | 0g | 15mg | 5% | 400mg | 17% | 13g | 4% | 1g | 4% | 1g | 6g | 12% | | |
| Pizza Medium 12" White - 8 Servings (1 slc) | 250 | 150 | 17g | 26% | 5g | 25% | 0g | 25mg | 8% | 540mg | 23% | 18g | 6% | 2g | 8% | 2g | 8g | 16% | | |
| Pizza large 16" White - 10 Servings (1 slc) | 370 | 220 | 25g | 38% | 8g | 40% | 0g | 35mg | 12% | 810mg | 34% | 26g | 9% | 3g | 12% | 3g | 12g | 24% | | |
| Pizza Small 9" Mac & Cheese - 6 Servings (1 slc) | 260 | 180 | 20g | 31% | 4.5g | 23% | 0g | 15mg | 5% | 580mg | 24% | 34g | 11% | 2g | 8% | 4g | 10g | 20% | | |
| Pizza Medium 12" Mac & Cheese - 8 Servings (1 slc) | 370 | 260 | 28g | 43% | 6g | 30% | 0g | 25mg | 8% | 840mg | 35% | 50g | 17% | 3g | 12% | 6g | 14g | 28% | | |
| Pizza large 16" Mac & Cheese - 10 Servings (1 slc) | 500 | 340 | 38g | 58% | 9g | 45% | 0g | 35mg | 12% | 1150mg | 48% | 63g | 21% | 3g | 12% | 8g | 20g | 40% | | |
| Pizza Gluten Free Crust Small Cheese - 6 Servings (1 slc) | 90 | 45 | 5g | 8% | 3g | 15% | 0g | 10mg | 3% | 240mg | 10% | 6g | 2% | 0g | 0% | 1g | 4g | 8% | | |
| Pizza Buffalo Chicken Small - 6 Servings (1 slc) | 170 | 90 | 9g | 14% | 3.5g | 18% | 0g | 25mg | 8% | 390mg | 16% | 12g | 4% | less than 1g | 0% | less than 1g | 9g | 18% | | |
| Pizza Buffalo Chicken Medium - 8 Servings (1 slc) | 230 | 120 | 13g | 20% | 5g | 25% | 0g | 35mg | 12% | 530mg | 22% | 16g | 5% | 1g | 4% | 1g | 12g | 24% | | |
| Pizza Buffalo Chicken Large - 10 Servings (1 slc) | 340 | 170 | 19g | 29% | 8g | 40% | 0g | 50mg | 17% | 780mg | 33% | 23g | 8% | 2g | 8% | 2g | 18g | 36% | | |
| Pizza Piccolo Pepperoni Small - 6 Servings (1 slc) | 210 | 150 | 16g | 25% | 6g | 30% | 0g | 25mg | 8% | 680mg | 28% | 12g | 4% | 1g | 4% | 1g | 7g | 14% | | |
| Pizza Piccolo Pepperoni Medium - 8 Servings (1 slc) | 290 | 200 | 22g | 34% | 8g | 40% | 0g | 35mg | 12% | 910mg | 38% | 17g | 6% | 1g | 4% | 2g | 10g | 20% | | |
| Pizza Piccolo Pepperoni Large - 10 Servings (1 slc) | 420 | 280 | 31g | 48% | 12g | 60% | 0g | 50mg | 17% | 1280mg | 53% | 24g | 8% | 2g | 8% | 3g | 15g | 30% | | |
| Pizza BBQ Chicken Small - 6 Servings (1 slc) | 190 | 90 | 10g | 15% | 4g | 20% | 0g | 30mg | 10% | 560mg | 23% | 16g | 5% | less than 1g | 0% | 5g | 10g | 20% | | |
| Pizza BBQ Chicken Medium - 8 Servings (1 slc) | 270 | 120 | 14g | 22% | 5g | 25% | 0g | 40mg | 13% | 800mg | 33% | 23g | 8% | 1g | 4% | 7g | 14g | 28% | | |
| Pizza BBQ Chicken Large - 10 Servings (1 slc) | 390 | 180 | 20g | 31% | 8g | 40% | 0g | 55mg | 18% | 1120mg | 47% | 32g | 11% | 2g | 8% | 8g | 21g | 42% | | |
| Pizza Mediterranean Small - 6 Servings (1 slc) | 190 | 120 | 13g | 20% | 4.5g | 23% | 0g | 20mg | 7% | 510mg | 21% | 13g | 4% | 1g | 4% | 1g | 6g | 12% | | |
| Pizza Mediterranean Medium - 8 Servings (1 slc) | 260 | 160 | 17g | 26% | 6g | 30% | 0g | 25mg | 8% | 700mg | 29% | 17g | 6% | 2g | 8% | 2g | 9g | 18% | | |
| Pizza Mediterranean Large - 10 Servings (1 slc) | 370 | 220 | 25g | 38% | 8g | 40% | 0g | 35mg | 12% | 980mg | 41% | 25g | 8% | 2g | 8% | 2g | 13g | 26% | | |
| Pizza Chicken Club Small - 6 Servings (1 slc) | 210 | 120 | 14g | 22% | 4.5g | 23% | 0g | 35mg | 12% | 480mg | 20% | 12g | 4% | 1g | 4% | 1g | 11g | 22% | | |
| Pizza Chicken Club Medium - 8 Servings (1 slc) | 300 | 170 | 19g | 29% | 6g | 30% | 0g | 45mg | 15% | 670mg | 28% | 17g | 6% | 1g | 4% | 2g | 15g | 30% | | |
| Pizza Chicken Club Large - 10 Servings (1 slc) | 430 | 250 | 27g | 42% | 9g | 45% | 0g | 65mg | 22% | 980mg | 41% | 25g | 8% | 2g | 8% | 2g | 21g | 42% | | |
| Pizza Garden Small - 6 Servings (1 slc) | 150 | 70 | 8g | 12% | 3.5g | 18% | 0g | 10mg | 3% | 1200mg | 50% | 14g | 5% | 2g | 8% | 3g | 6g | 12% | | |
| Pizza Garden Medium - 8 Servings (1 slc) | 210 | 100 | 11g | 17% | 4.5g | 23% | 0g | 15mg | 5% | 1570mg | 65% | 20g | 7% | 2g | 8% | 4g | 9g | 18% | | |
| Pizza Garden Large - 10 Servings (1 slc) | 310 | 150 | 17g | 26% | 7g | 35% | 0g | 25mg | 8% | 2260mg | 94% | 28g | 9% | 3g | 12% | 5g | 14g | 28% | | |
| Pizza Gionino's Best Small - 6 Servings (1 slc) | 210 | 120 | 14g | 22% | 6g | 30% | 0g | 25mg | 8% | 650mg | 27% | 14g | 5% | 2g | 8% | 2g | 8g | 16% | | |
| Pizza Gionino's Best Medium - 8 Servings (1 slc) | 290 | 180 | 19g | 29% | 10g | 50% | 0g | 35mg | 12% | 910mg | 38% | 19g | 6% | 2g | 8% | 2g | 11g | 22% | | |
| Pizza Gionino's Best Large - 10 Servings (1 slc) | 430 | 260 | 29g | 45% | 14g | 70% | 0g | 50mg | 17% | 1320mg | 55% | 27g | 9% | 3g | 12% | 4g | 17g | 34% | | |
| Pizza Cheese 6" Individual - 2 Servings (1 slc) | 170 | 80 | 9g | 14% | 4g | 20% | 0g | 15mg | 5% | 450mg | 19% | 14g | 5% | 1g | 4% | 1g | 7g | 14% | | |
| 2 PIECE SNACK Dark - 1 Serving | 420 | 120 | 14g | 22% | 3g | 15% | 0g | 80mg | 27% | 1350mg | 56% | 47g | 16% | 3g | 12% | 10g | 26g | 52% | | |
| 2 PIECE SNACK White (8 Pc) - 1 Serving | 500 | 140 | 16g | 25% | 3.5g | 18% | 0g | 100mg | 33% | 1490mg | 62% | 49g | 16% | 3g | 12% | 10g | 38g | 76% | | |
| 4 PIECE DINNER - 2 Servings | 360 | 110 | 12g | 18% | 3g | 15% | 0g | 75mg | 25% | 1240mg | 52% | 32g | 11% | 2g | 8% | 5g | 28g | 56% | | |
| 4 PIECE Dinner White - 2 Servings | 420 | 130 | 14g | 22% | 3.5g | 18% | 0g | 95mg | 32% | 1350mg | 56% | 34g | 11% | 2g | 8% | 5g | 37g | 74% | | |
| 8 Piece Box with jo-jos - 4 Servings | 350 | 100 | 11g | 17% | 3g | 15% | 0g | 85mg | 28% | 1150mg | 48% | 28g | 9% | 2g | 8% | less than 1g | 31g | 62% | | |
| 8 Piece Box All White with jo-jos - 4 Servings | 370 | 100 | 10g | 16% | 4g | 20% | 0g | 85mg | 25% | 1270mg | 53% | 29g | 10% | 2g | 8% | less than 1g | 27g | 54% | | |

* Percent Daily Values are based on a diet of other people's secrets. Daily Values must be entered on a per serving basis. Your calorie needs. 10%

| Gionino's Nutritional Menu | Calories | | | | Saturated Fat | | Trans Fat | | | Sodium | | Total Carbohydrates | | Dietary Fiber | | Sugars | Protein | |
|--|-------------|-------------------|-----------|------|---------------|------|-----------|-------------|-----|--------|------|---------------------|-----|---------------|-----|--------------|-------------|------|
| | per serving | Calories from Fat | Total Fat | % | Fat | % | Fat | Cholesterol | % | Sodium | % | Carbohydrates | % | Fiber | % | g | g | % |
| 12 Piece Box w/ajos - 6 Servings | 340 | 100 | 11g | 17% | 3g | 15% | 0g | 85mg | 28% | 1150mg | 48% | 27g | 9% | 2g | 8% | 0g | 31g | 62% |
| 12 Piece Box All White w/ajos - 6 Servings | 370 | 90 | 10g | 15% | 4g | 20% | 0g | 75mg | 25% | 1270mg | 53% | 28g | 9% | 2g | 8% | 0g | 27g | 54% |
| 16 Piece Box w/ajos - 8 Servings | 340 | 100 | 11g | 17% | 3g | 15% | 0g | 85mg | 28% | 1150mg | 48% | 26g | 9% | 2g | 8% | 0g | 30g | 60% |
| 16 Piece Box All White w/ajos - 8 Servings | 370 | 90 | 10g | 15% | 4g | 20% | 0g | 75mg | 25% | 1270mg | 53% | 28g | 9% | 2g | 8% | 0g | 27g | 54% |
| 20 Piece Box w/ajos - 10 Servings | 340 | 100 | 11g | 17% | 3g | 15% | 0g | 85mg | 28% | 1150mg | 48% | 26g | 9% | 2g | 8% | 0g | 30g | 60% |
| 20 Piece Box All White w/ajos - 10 Servings | 370 | 90 | 10g | 15% | 4g | 20% | 0g | 75mg | 25% | 1270mg | 53% | 28g | 9% | 2g | 8% | 0g | 27g | 54% |
| Buffalo Wings 6Pc - 2 Servings (3 ea.) | 220 | 140 | 16g | 25% | 4g | 20% | 0g | 70mg | 23% | 370mg | 15% | 2g | 1% | 0g | 0% | 0g | 16g | 32% |
| Buffalo Wings 12Pc - 4 Servings (3 ea.) | 220 | 140 | 16g | 25% | 4g | 20% | 0g | 70mg | 23% | 370mg | 15% | 2g | 1% | 0g | 0% | 0g | 16g | 32% |
| Buffalo Wings 50 - 16 Servings (3 ea.) | 220 | 150 | 16g | 25% | 4g | 20% | 0g | 70mg | 23% | 380mg | 16% | 2g | 1% | 0g | 0% | 0g | 17g | 34% |
| Buffalo Wings 100 - 33 Servings (3 ea.) | 220 | 140 | 16g | 25% | 4g | 20% | 0g | 70mg | 23% | 380mg | 16% | 2g | 1% | 0g | 0% | 0g | 16g | 32% |
| Boneless Wings 6Ct - 2 Servings (3 ea.) | 250 | 130 | 15g | 23% | 2g | 10% | 0g | 25mg | 8% | 670mg | 28% | 25g | 8% | less than 1g | 0% | 0g | 11g | 22% |
| Boneless Wings 12Ct - 4 Servings (3 ea.) | 250 | 130 | 15g | 23% | 2g | 10% | 0g | 25mg | 8% | 670mg | 28% | 25g | 8% | less than 1g | 0% | 0g | 11g | 22% |
| Wings Boneless 50 - 16 Servings (3 ea.) | 250 | 140 | 15g | 23% | 2g | 10% | 0g | 25mg | 8% | 700mg | 29% | 26g | 9% | less than 1g | 0% | 0g | 11g | 22% |
| Wings Boneless 100 - 33 Servings (3 ea.) | 250 | 130 | 15g | 23% | 2g | 10% | 0g | 25mg | 8% | 680mg | 28% | 25g | 8% | less than 1g | 0% | 0g | 11g | 22% |
| Chicken 50 Pc Mix - 25 Servings | 590 | 210 | 23g | 35% | 6g | 30% | 0g | 170mg | 57% | 2300mg | 96% | 33g | 11% | 2g | 8% | 0g | 59g | 118% |
| Chicken 50 pc w Jo Jo's - 25 Servings | 650 | 200 | 23g | 35% | 6g | 30% | 0g | 170mg | 57% | 2290mg | 95% | 47g | 16% | 3g | 12% | less than 1g | 60g | 120% |
| Chicken 100 Pc Mixed - 50 Servings | 590 | 200 | 23g | 35% | 6g | 30% | 0g | 170mg | 57% | 2290mg | 95% | 33g | 11% | 2g | 8% | 0g | 59g | 118% |
| Chicken 100 Pc w/Jo Jo's - 50 Servings | 650 | 210 | 23g | 35% | 6g | 30% | 0g | 170mg | 57% | 2300mg | 96% | 47g | 16% | 3g | 12% | less than 1g | 60g | 120% |
| Deluxe Sub - 1 Serving | 760 | 330 | 37g | 57% | 17g | 85% | 0g | 90mg | 30% | 2780mg | 116% | 67g | 22% | less than 1g | 0% | 8g | 36g | 72% |
| Meatball Sub - 1 Serving | 830 | 370 | 41g | 63% | 18g | 90% | 0g | 95mg | 32% | 2180mg | 91% | 72g | 24% | 3g | 12% | 7g | 42g | 84% |
| Italian Sausage Sub - 1 Serving | 890 | 480 | 54g | 83% | 18g | 90% | 0g | 135mg | 45% | 2310mg | 96% | 67g | 22% | 2g | 8% | 7g | 31g | 62% |
| Ham And Cheese Sub - 1 Serving | 640 | 200 | 22g | 34% | 9g | 45% | 0g | 70mg | 23% | 2750mg | 115% | 69g | 23% | less than 1g | 0% | 10g | 36g | 72% |
| Philly Steak Sub- 1 Serving | 640 | 140 | 15g | 23% | 8g | 40% | 0g | 40mg | 13% | 1440mg | 60% | 92g | 31% | 3g | 12% | 10g | 31g | 62% |
| Chicken Sub - 1 Serving | 780 | 300 | 34g | 52% | 11g | 55% | 0g | 145mg | 48% | 1580mg | 66% | 62g | 22% | less than 1g | 0% | 3g | 50g | 100% |
| BBQ Chicken Sub- 1 Serving | 710 | 140 | 15g | 23% | 8g | 40% | 0g | 120mg | 40% | 1970mg | 82% | 87g | 29% | 0g | 0% | 21g | 48g | 96% |
| Buffalo Chicken Sub- 1 Serving | 660 | 190 | 21g | 32% | 8g | 40% | 0g | 120mg | 40% | 1530mg | 64% | 62g | 21% | 0g | 0% | 2g | 48g | 96% |
| Spicy Garlic Chicken Sub - 1 Serving | 650 | 190 | 21g | 32% | 8g | 40% | 0g | 120mg | 40% | 2240mg | 93% | 63g | 21% | 0g | 0% | 2g | 48g | 96% |
| Tossed Salad - 1 Serving | 120 | 60 | 7g | 11% | 5g | 25% | 0g | 20mg | 7% | 260mg | 11% | 6g | 2% | 2g | 8% | 2g | 9g | 18% |
| GRILLED CHICKEN SALAD - 2 Servings | 250 | 120 | 13g | 20% | 7g | 35% | 0g | 70mg | 23% | 740mg | 31% | 10g | 3% | 3g | 12% | 2g | 24g | 48% |
| BUFFALO CHICKEN SALAD GRILLED - 2 Servings | 330 | 170 | 19g | 29% | 10g | 50% | 0g | 80mg | 27% | 980mg | 41% | 11g | 4% | 2g | 8% | 3g | 29g | 58% |
| BUFFALO CHICKEN SALAD CRISPY - 2 Servings | 420 | 250 | 27g | 42% | 11g | 55% | 0g | 50mg | 17% | 1230mg | 51% | 27g | 9% | 3g | 12% | 3g | 23g | 46% |
| SPINACH SALAD - 1 Serving | 340 | 210 | 23g | 35% | 14g | 70% | 0g | 55mg | 18% | 1350mg | 56% | 7g | 2% | 3g | 12% | less than 1g | 25g | 50% |
| ANTIPIASTO SALAD - 2 Servings | 220 | 140 | 15g | 23% | 10g | 50% | 0g | 40mg | 13% | 740mg | 31% | 9g | 3% | 3g | 12% | 3g | 13g | 26% |
| Caprese Salad - 2 Servings | 310 | 220 | 25g | 38% | 9g | 45% | 0g | 25mg | 8% | 310mg | 13% | 4g | 1% | 1g | 4% | 2g | 16g | 32% |
| Toss Salads Half Tray - 10 Servings | 120 | 60 | 7g | 11% | 5g | 25% | 0g | 20mg | 7% | 260mg | 11% | 6g | 2% | 2g | 8% | 2g | 9g | 18% |
| Toss Salad Full Tray - 20 Servings | 120 | 60 | 7g | 11% | 5g | 25% | 0g | 20mg | 7% | 260mg | 11% | 6g | 2% | 2g | 8% | 2g | 9g | 18% |
| Antipasto Salad Half Tray - 10 Servings | 220 | 140 | 15g | 23% | 10g | 50% | 0g | 40mg | 13% | 760mg | 32% | 9g | 3% | 3g | 12% | 3g | 13g | 26% |
| Antipasto Salad Full Tray - 20 Servings | 220 | 140 | 15g | 23% | 10g | 50% | 0g | 40mg | 13% | 740mg | 31% | 9g | 3% | 3g | 12% | 3g | 13g | 26% |
| Spaghetti Sauce Only - 1 Serving | 600 | 30 | 3g | 5% | 2g | 10% | 0g | 0mg | 0% | 1220mg | 51% | 119g | 40% | 12g | 48% | 13g | 24g | 48% |
| Family Size Penne & Meatballs - 8 Servings | 430 | 120 | 14g | 22% | 5g | 25% | 0g | 30mg | 10% | 610mg | 25% | 58g | 19% | 3g | 12% | 6g | 19g | 38% |
| Family Size Penne Sauce Only - 8 Servings | 370 | 70 | 8g | 12% | 3g | 15% | 0g | 20mg | 7% | 420mg | 18% | 56g | 19% | 3g | 12% | 6g | 15g | 30% |
| Family Size Spaghetti & Meatballs - 8 Servings | 430 | 110 | 13g | 20% | 5g | 25% | 0g | 30mg | 10% | 780mg | 33% | 57g | 19% | 7g | 28% | 5g | 21g | 42% |
| Family Size Spaghetti Sauce Only - 8 Servings | 360 | 70 | 7g | 11% | 3g | 15% | 0g | 20mg | 7% | 590mg | 25% | 56g | 19% | 7g | 28% | 5g | 17g | 34% |
| Family Size Spaghetti & Meatballs - 8 Servings | 430 | 110 | 13g | 20% | 5g | 25% | 0g | 30mg | 10% | 780mg | 33% | 57g | 19% | 7g | 28% | 5g | 21g | 42% |
| Family Size Spaghetti Sauce Only - 8 Servings | 360 | 70 | 7g | 11% | 3g | 15% | 0g | 20mg | 7% | 590mg | 25% | 56g | 19% | 7g | 28% | 5g | 17g | 34% |
| Penne Full Tray Sauce Only - 20 Servings | 330 | 50 | 6g | 9% | 2g | 10% | 0g | 10mg | 3% | 380mg | 16% | 54g | 18% | 3g | 12% | 6g | 13g | 26% |
| Penne Full Tray w/ Meatballs - 20 Servings | 380 | 90 | 10g | 15% | 3.5g | 18% | 0g | 20mg | 7% | 530mg | 22% | 55g | 18% | 3g | 12% | 6g | 16g | 32% |
| Penne w Meatballs (2) - 1 Serving | 800 | 170 | 19g | 29% | 7g | 35% | 0g | 35mg | 12% | 1440mg | 60% | 124g | 41% | 7g | 28% | 16g | 31g | 62% |
| Penne Sauce Only - 1 Serving | 620 | 40 | 4.5g | 7% | 2g | 10% | 0g | 0mg | 0% | 940mg | 39% | 120g | 40% | 6g | 24% | 15g | 21g | 42% |
| Penne Pasta Bake w/Meatballs - 1 Serving | 1090 | 360 | 40g | 62% | 22g | 110% | 0g | 90mg | 30% | 2180mg | 91% | 127g | 42% | 7g | 28% | 16g | 53g | 106% |
| Penne Pasta Bake w/Sausage - 1 Serving | 1380 | 630 | 70g | 108% | 30g | 150% | 0g | 175mg | 58% | 2900mg | 121% | 125g | 42% | 6g | 24% | 15g | 55g | 110% |
| Penne w/ Italian Sausage - 1 Serving | 1090 | 490 | 55g | 85% | 19g | 95% | 0g | 135mg | 45% | 2230mg | 93% | 108g | 36% | 6g | 24% | 14g | 38g | 76% |
| Penne W/ Meatballs & Sausage - 1 Serving | 1360 | 630 | 70g | 108% | 25g | 125% | 0g | 165mg | 55% | 2900mg | 121% | 127g | 42% | 7g | 28% | 16g | 51g | 102% |
| Spaghetti w Meatballs (2) - 1 Serving | 780 | 150 | 17g | 26% | 7g | 35% | 0g | 35mg | 12% | 1720mg | 72% | 123g | 41% | 13g | 52% | 14g | 35g | 70% |
| Spaghetti w/ Meatballs & Sausage - 1 Serving | 1340 | 620 | 69g | 106% | 25g | 125% | 0g | 165mg | 55% | 3170mg | 132% | 126g | 42% | 13g | 52% | 14g | 54g | 108% |
| Spaghetti w/ Italian Sausage - 1 Serving | 1160 | 490 | 55g | 85% | 20g | 100% | 0g | 135mg | 45% | 2670mg | 111% | 122g | 41% | 12g | 48% | 13g | 44g | 88% |
| Jo Jo's (6) -1 Serving (6 ea.) | 330 | 10 | 1g | 2% | 0g | 0% | 0g | 0mg | 0% | 1620mg | 68% | 73g | 24% | 4g | 16% | 2g | 8g | 16% |
| Jo Jo's (25) - 5 Servings (5 ea.) | 270 | 10 | 1g | 2% | 0g | 0% | 0g | 0mg | 0% | 1290mg | 54% | 60g | 20% | 4g | 16% | 1g | 6g | 12% |
| Cole Slaw 4Oz - 1 Serving (1 ea.) | 140 | 60 | 6g | 9% | 1g | 5% | 0g | 10mg | 3% | 540mg | 23% | 20g | 7% | 2g | 8% | 18g | less than 1 | 0% |
| Cole Slaw Pint - 4 Servings (4 oz) | 140 | 60 | 6g | 9% | 1g | 5% | 0g | 10mg | 3% | 540mg | 23% | 20g | 7% | 2g | 8% | 18g | less than 1 | 0% |
| Cole Slaw 5 Lbs - 20 Servings (4 oz) | 140 | 60 | 6g | 9% | 1g | 5% | 0g | 10mg | 3% | 540mg | 23% | 20g | 7% | 2g | 8% | 18g | less than 1 | 0% |
| Cole Slaw 10 Lbs - 40 Servings (4 oz) | 140 | 60 | 6g | 9% | 1g | 5% | 0g | 10mg | 3% | 540mg | 23% | 20g | 7% | 2g | 8% | 18g | less than 1 | 0% |

* Percent Daily Values are based on a diet of other people's secrets. Your Daily Values must be lower or higher depending on your calorie needs.

| Gionino's Nutritional Menu | Calories | | | | Saturated | | Trans | | | Sodium | | Total | | Dietary | | Sugars | Protein | |
|--|-------------|-------------------|-----------|-----|-----------|------|-------|-------------|-----|--------|-----|---------------|-----|---------|-----|--------|---------|-----|
| | per serving | Calories from Fat | Total Fat | % | Fat | % | Fat | Cholesterol | % | | % | Carbohydrates | % | Fiber | % | | | % |
| Garlic Bread - 2 Servings | 180 | 30 | 3g | 5% | 2g | 10% | 0g | 0mg | 0% | 350mg | 15% | 30g | 10% | 0g | 0% | 1g | 5g | 10% |
| Garlic Bread w/ Cheese - 2 Servings | 290 | 110 | 13g | 20% | 7g | 35% | 0g | 20mg | 7% | 630mg | 26% | 31g | 10% | 0g | 0% | 1g | 12g | 24% |
| Garlic Breadsticks w/Garlic Butter Sauce - 1 Serving (5 ea.) | 1040 | 500 | 56g | 86% | 62g | 310% | 0g | 0mg | 0% | 1820mg | 76% | 115g | 38% | 0g | 0% | 5g | 20g | 40% |
| Breadsticks 25 - 5 Servings (5 ea.) | 800 | 270 | 30g | 46% | 58g | 290% | 0g | 0mg | 0% | 1450mg | 60% | 115g | 38% | 0g | 0% | 5g | 20g | 40% |
| Gionino Bread Small - 2 Servings | 520 | 320 | 36g | 55% | 12g | 60% | 0g | 30mg | 10% | 1220mg | 51% | 35g | 12% | 3g | 12% | 4g | 15g | 30% |
| Gionino Bread Medium - 4 Servings | 480 | 300 | 34g | 52% | 11g | 55% | 0g | 30mg | 10% | 1040mg | 43% | 31g | 10% | 2g | 8% | 2g | 14g | 28% |
| Jo Jo's 50 - 10 Servings (5 ea.) | 280 | 10 | 1g | 2% | 0g | 0% | 0g | 0mg | 0% | 1350mg | 56% | 61g | 20% | 4g | 16% | 1g | 6g | 12% |
| Jo Jo's 100 - 20 Servings (5 ea.) | 280 | 10 | 1g | 2% | 0g | 0% | 0g | 0mg | 0% | 1350mg | 56% | 61g | 20% | 4g | 16% | 1g | 6g | 12% |
| Garlic Butter Sauce - 1 Serving | 240 | 230 | 26g | 40% | 4.5g | 23% | 0g | 0mg | 0% | 370mg | 15% | 0g | 0% | 0g | 0% | 0g | 0g | 0% |
| Garlic Bread 25 - 50 Servings | 180 | 30 | 3g | 5% | 2g | 10% | 0g | 0mg | 0% | 350mg | 15% | 30g | 10% | 0g | 0% | 1g | 5g | 10% |

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values must be higher or lower depending on your calorie needs.